



# I am autistic

July 2020

**People in Wales have to wear a face covering on public transport unless they have a reasonable excuse not to.**

**The new rules say I don't have to wear a face covering, if I can't put one on, or if I can't wear one because of an impairment or disability.**

**The Welsh Government has given examples of when you don't have to wear a face covering. This could be if you:**

- are not able to put on, or to wear a face covering because of a physical or mental illness, or because of a disability or impairment
- you are younger than 11 years old
- you need to eat or drink
- you need to take medication
- you need to escape danger, or to avoid harm or injury.

The Welsh Government's list is not exhaustive, which means there could be other reasons why you don't have to wear a face covering.

**Thank you for your understanding.**



To find out more, go to  
[www.autism.org.uk](http://www.autism.org.uk), or  
[www.ASDinfoWales.gov.uk](http://www.ASDinfoWales.gov.uk)



Llywodraeth Cymru  
Welsh Government



Tim Awtistiaeth Cenedlaethol  
National Autism Team

[www.ASDinfoWales.co.uk](http://www.ASDinfoWales.co.uk)