





## Integrated Autism Service Ceredigion Forum 2020 10am-12pm

## Ceredigion Integrated Autism Service forum, Welcomes new members.

This is an opportunity to meet up and discuss relevant topics, chosen by the group; to provide personal perspectives and experiences; and to meet new people.

Nobody is under pressure to talk, listening is fine.

We are holding the forum on the dates shown below. Please contact us to check the session is going ahead as planned.

## Aberystwyth Town Library, Aberystwyth SY23 2EB



Wednesday 4<sup>th</sup> March Wednesday 1<sup>st</sup> April Wednesday 6<sup>th</sup> May Wednesday 3<sup>rd</sup> June Wednesday 1<sup>st</sup> July Wednesday 5<sup>th</sup> August Wednesday 2<sup>nd</sup> September Wednesday 7<sup>th</sup> October Wednesday 4<sup>th</sup> November Wednesday 2<sup>nd</sup> December Maes Mwldan, Bath house Road, Cardigan, SA43 1JZ



Monday 16<sup>th</sup> March Monday 20<sup>th</sup> April Monday 18<sup>th</sup> May Monday 15<sup>th</sup> June Monday 20<sup>th</sup> July Monday 17<sup>th</sup> August Monday 21<sup>st</sup> September Monday 19<sup>th</sup> October Monday 16<sup>th</sup> November Monday 21<sup>st</sup> December

If you would like to join a forum please contact us:

E-mail: westwalesias.hdd@wales.nhs.uk Telephone: 01267 283070 / 01267 283061

We can send out e-mail or postal reminders before each forum on request.







## Integrated Autism Service Information Hub 2020 dates

These sessions offer consultation, advice and support to autistic adults, adults on the waiting list for a diagnostic assessment for autism, parents and carers of autistic individuals and professionals

JobCentre, Aberystwyth SY23 1LA	JobCentre, Haverfordwest, Pembrokeshire SA61 1BH	JobCentre Plus, John Street, Carmarthen, SA31 1QT	JobCentre, Llys Afon Park St. Ammanford SA18 2NT
Wednesday 1-3pm	Friday 1-3pm	Thursday 3-4:45pm	Friday 1-3pm
5 <sup>th</sup> February 1 <sup>st</sup> April 3 <sup>rd</sup> June 5 <sup>th</sup> August 7 <sup>th</sup> October 2 <sup>nd</sup> December	10 <sup>th</sup> January 6 <sup>th</sup> March 1 <sup>st</sup> May 10 <sup>th</sup> July 4 <sup>th</sup> September 13 <sup>th</sup> November	16 <sup>th</sup> January 20 <sup>th</sup> February 19 <sup>th</sup> March 16 <sup>th</sup> April 21 <sup>st</sup> May 18 <sup>th</sup> June 16 <sup>th</sup> July 20 <sup>th</sup> August 17 <sup>th</sup> September 15 <sup>th</sup> October 19 <sup>th</sup> November 17 <sup>th</sup> December	28 <sup>th</sup> February 24 <sup>th</sup> April 26 <sup>th</sup> June 28 <sup>th</sup> August 30 <sup>th</sup> October 18 <sup>th</sup> December
JobCentre, Napier Street, Cardigan, SA43 1EF	JobCentre, Gordon st, Pembroke Dock, SA72 6EP	JobCentre 58 Stepney Street, Llanelli, SA15 3TN	
Wednesday 2-4pm	Friday 1:30-3:30pm	Friday 1-3pm	
8 <sup>th</sup> January 4 <sup>th</sup> March 6 <sup>th</sup> May 1 <sup>st</sup> July 2 <sup>nd</sup> September 4 <sup>th</sup> November	7 <sup>th</sup> February 3 <sup>rd</sup> April 12 <sup>th</sup> June 7 <sup>th</sup> August 2 <sup>nd</sup> October 11 <sup>th</sup> December	31 <sup>st</sup> January 27 <sup>th</sup> March 29 <sup>th</sup> May 31 <sup>st</sup> July 25 <sup>th</sup> September 27 <sup>th</sup> November	

No appointment is necessary.

However, if you would like to arrange a time to be seen during the session please contact us:

E-mail: <a href="mailto:westwalesias.hdd@wales.nhs.uk">westwalesias.hdd@wales.nhs.uk</a> Telephone: 01267 283070 / 01267 283061

We try to avoid cancelling sessions but sometimes this is unavoidable. Please check before session.