

Here's What You Told Us...

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I lead on Diversity and Inclusion for CAF/CASS Cymru we are an organisation which works with families facing challenging times and we communicate directly with parents and children of all ages.

This year we held three events focused on different issues of disability for our staff which included training sessions from the National Autism Team increasing awareness of autism across the organisation. Frances Rees attended all three events for us, and she pitched the information perfectly with a mix of PowerPoints, short films, and discussions so that everyone was able to absorb a lot of information in a really accessible way, they felt able to ask questions and reflect on what they were learning.

Our practitioners left better able to understand the diagnosis and recognise signs and symptoms and better able to empathise with how a person with autism may experience things whilst also recognising the vast range of diversity within autism.

Having had these sessions will impact positively on how we communicate with our service users and it's provided us with clarity about how to ensure that our premises and practices are more inclusive.

The feedback from every practitioner who attended was so positive about what they learnt in those sessions, I fully recommend to any organisation working with people invite the National Autism Team along to build up staff awareness and confidence around autism.