



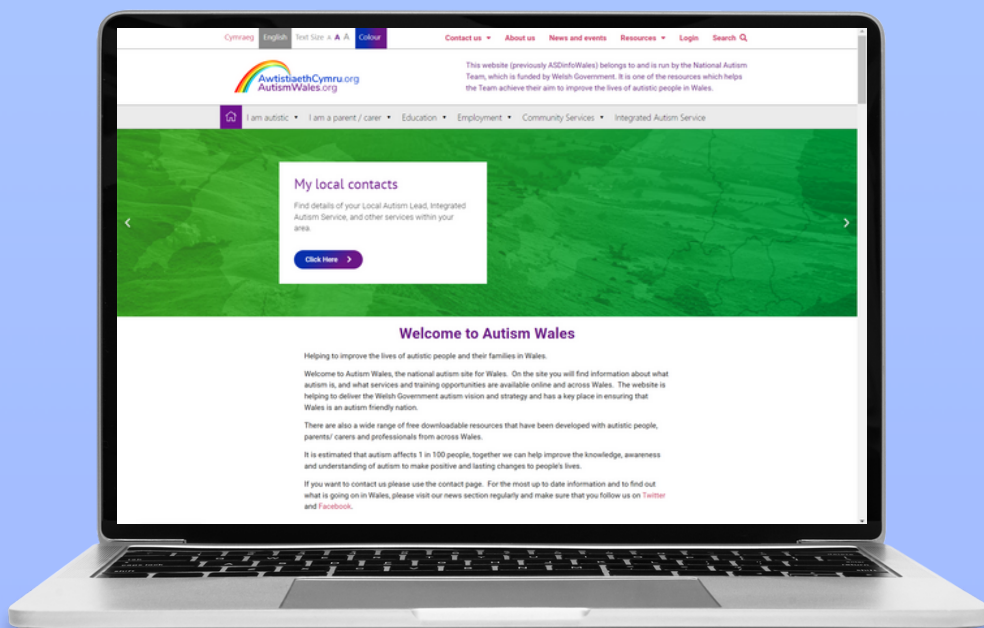
AwtistiaethCymru.org

Tîm Awtistiaeth Cenedlaethol
National Autism Team

AutismWales.org

National Autism Team/ AutismWales.org

Resources Leaflet





Who are the National Autism Team?

The National Autism Team are funded by Welsh Government to help improve the lives of autistic people and their families across Wales. We do this in a number of ways – through co-produced training and resources, practice sharing and promoting the needs of autistic people whenever possible. Our website, autismwales.org, is a key part of our offer. This resource booklet outlines the resources we have available on our website.

General training resources:

Training framework:

In response to numerous queries around the content of training for professionals working with autistic people, we developed a training framework to help commissioners plan and implement training. Based on the NHS Education for Scotland Autism Training Framework, Optimising Outcomes, (November, 2014) we hope that this will help to support consistency of training across Wales.

https://autismwales.org/wp-content/uploads/2022/04/National-Autism-Training-Framework_2022_.pdf

Job Profile and Tasks document:

This document accompanies the Training Framework and identifies potential job profiles and duties that correspond to each level of the framework.

<https://autismwales.org/wp-content/uploads/2022/05/Job-profile-and-tasks-for-the-Autism-training-framework.pdf>



eLearning modules:

In this section there are a set of structured eLearning modules that follow the National Autism Training Framework for Wales. All eLearning modules are coproduced with an advisory group of autistic people and professionals. If you are employed by a Local Authority or Health Board, these modules are accessible on your own learning platform or ESR, so please make sure that you complete the modules on your learning platform rather than our website. Both these modules are CPD accredited and will count towards your CPD hours.

Current modules available:

Understanding Autism - an introduction to what autism is, how it affects the day-to-day life of autistic people, and advice on things you can do to be more understanding of autism.

Understanding Effective Communication and Autism - provides an understanding of communication differences, an understanding of impact of environmental factors on communication and an understanding of effective ways to communicate.

<https://autismwales.org/en/resources/elearning/>

Resources for parent/carers:

ASDinfo Wales Parent/Carer video:

This film is aimed at parents and carers with an autistic child. It covers a range of topics, including discussions with parent/carers, autistic people and professionals. The film is approximately 45 mins long.

<https://autismwales.org/en/parents-carers/information-for-parents-carers/asdinfo-wales-tv-film-for-parents-carers/>

Parent/carers videos:

A series of films that provide information & advice such as; communication, coping with change, planning and visiting health professionals.

<https://autismwales.org/en/parents-carers/information-for-parents-carers/asd-videos-for-parents-carers/>





Advice sheets:

We have a range of advice sheets on specific issues, including sleep issues and anxiety.

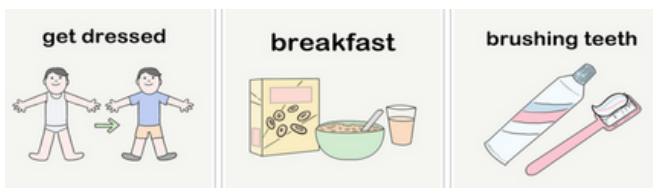
<https://autismwales.org/en/news/latest-information-on-novel-coronavirus-covid-19/>

Resources for children:

Picture cards and timetables:

These picture cards can help create structure for your child's day to day activities.

<https://autismwales.org/en/parents-carers/information-for-an-autistic-child/childrens-picture-cards/>



Child Personal Profile:

The profile can help people gain a better understanding of your child and how they can help and support them more effectively.

<https://autismwales.org/en/parents-carers/information-for-an-autistic-child/child-personal-profile/>

Teifi and Friends:

This short animated film has been developed to show young children how to be kind and accepting towards peers with additional needs.

<https://autismwales.org/en/parents-carers/information-for-siblings/teifi-and-friends/>

Autism Superheroes:



There are two Autism Superheroes books, a comic book and a story book. These books have been created for children to help raise awareness and understanding of autism.

<https://autismwales.org/en/parents-carers/information-for-siblings/autism-superheroes/>





Sgilti:

Our Sgilti video and lesson, designed for secondary school students, shows some of the challenges faced by autistic young people during a normal school day.

<https://autismwales.org/en/parents-carers/information-for-siblings/sgilti-lesson-pupil-pledge/>

Resources for adults and young people:

Exploring Employment videos:

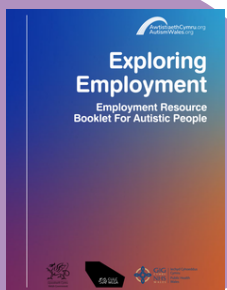
This section includes recordings of all workshops from our co-produced virtual employment event called 'Exploring Employment: How to find and keep the job or career that's right for you'. The event is for autistic people of working age.

<https://autismwales.org/en/about-us/exploring-employment-event/>

'Exploring Employment' Resource Booklet:

This employment resource booklet for autistic people provides practical information and signposts to useful employment resources, covering topics such as interviews, employment rights, wellbeing, identifying skills and communicating your needs.

<https://autismwales.org/wp-content/uploads/2022/02/ExploringEmploymentResourceBooklet.pdf>



What is Autism? video:

This film follows three autistic people - Amara Tamblyn, Rhiannon Lloyd-Williams and Osian Harries - as they explore what their autism means to them, including: social communication, patterns and routines, sensory experience, and how to make things better. It also includes the professional voice of Dr Elin Walker Jones, consultant Psychologist.

<https://autismwales.org/en/parents-carers/what-is-autism/>





Adult Personal Profile:

The profile can help people gain a better understanding of you and how they can help and support you more effectively.

<https://autismwales.org/en/i-am-autistic/resources-for-you/adult-personal-profile/>

Orange Wallet:

The orange wallet scheme aims to help autistic people when travelling on public transport.

<https://autismwales.org/en/i-am-autistic/resources-for-you/orange-wallet/>

Idioms glossary:

This glossary provides the meaning for various idioms.

<https://autismwales.org/en/i-am-autistic/resources-for-you/idioms-glossary/>

Autistic Wellbeing Conference resources:

Presentations on a variety of topics including: creativity, stimming, disordered eating, relationships, ageing, alcohol and executive functioning.

<https://autismwales.org/en/about-us/national-autism-wales-conference-2019/>

Personal Skills Builder:

Create your personal skills list to assist you in your job search.

<https://autismwales.org/en/i-am-autistic/employment/personal-skills-builder/>

CV Builder:

Create your own CV here which you can save and download once complete.

<https://autismwales.org/en/i-am-autistic/employment/cv-builder/>

'Searching for Work' tool:

A practical workbook to assist you in your job search.

<https://autismwales.org/en/i-am-autistic/employment/searching-for-work-tool/>

'Code of Practice for the Delivery of Autism Services' podcast:

A podcast with Autistic UK which explores the impacts of the Code of Practice on autistic people and their families.

<https://autismwales.org/en/resources/videos/autism-code-of-practice-podcast/>



Resources for education:

Early Years:

These resources are aimed at increasing the knowledge, skills, and understanding of autism for those working in an early years setting. Resources include training videos, case studies, a handbook and a self-evaluation tool for staff and an animated Teifi video, cue cards and picture cards for young children.

<https://autismwales.org/en/education/i-work-in-an-early-years-setting/>

Primary School:

These resources are aimed at increasing the knowledge, skills, and understanding of autism for those working in a primary school. Resources include training videos, a handbook and a self-evaluation tool for staff and Autism Superheroes books for children.

<https://autismwales.org/en/education/i-work-in-a-primary-school/>

Secondary School:

These resources are aimed at increasing the knowledge, skills, and understanding of autism for those working in a secondary school. Resources include training videos, a self-evaluation tool and a handbook for staff and a 'Sgilti' lesson to support learners in understanding autism.

<https://autismwales.org/en/education/i-work-in-a-secondary-school/>

Further Education (FE):

A film and advice sheet provides information for tutors and teaching staff that support autistic FE students. The film features autistic FE students speaking about their experience of college and a guide for students is also available.

<https://autismwales.org/en/education/i-work-in-a-further-education-institute/>

Work Based Learning:

A film and written guide for those supporting autistic people in Work Based Learning settings. There is also a written guide available for autistic people in Work Based Learning settings.

<https://autismwales.org/en/education/i-am-a-work-based-learning-provider/>



Resources for employers:

Webinars for employers:

This section includes recordings of workshops from our virtual employment symposium webinar. The symposium is aimed at employers, supported employment providers, and key employment staff. It covers topics such as reasonable adjustments, supported employment and best practice in workplace settings.

<https://autismwales.org/en/about-us/employment-symposium-webinar/>

'Employing an autistic person' guide:

These resources offer advice and guidance to employers on how best to support autistic employees in the workplace. Resources include advice sheets, a Trade Union guide and a workbook which can be completed with the employee to identify what support is needed.

<https://autismwales.org/en/employment/i-am-an-employer/employing-an-autistic-person/>

Resources for Health and Social Care staff:

CAMHS Toolkit:

This Resource Toolkit was developed for all professionals working in Specialist CAMHS. It is equally relevant for anyone working with neurodiverse children, young people and their families in health, education and social care, in helping to understand, explain and support wellbeing and practical outcomes.

<https://autismwales.org/en/community-services/i-work-with-children-in-health-social-care/camhs-resource-toolkit-quick-guide/>

Community of Practice Sessions:

In this section, you will find a range of recordings from our Community of Practice events, which offer the opportunity for professionals to share good practice and allow others to gain greater knowledge of putting research into practice and peer support. This section will be regularly updated when these events take place.

<https://autismwales.org/en/resources/videos/community-of-practice-sessions/>



Autism and Attachment event presentations:

These resources are designed to increase knowledge and awareness of attachment and autism and how they can present in similar ways, helping to improve practice to better meet the emotional and mental health needs of autistic children and young people.

<https://autismwales.org/en/about-us/health-and-social-care-symposium/>

Resources for community services:

Housing Guide:

We have a comprehensive guide for housing staff based upon good practice and the Housing Act, to help staff better understand the needs of autistic people accessing housing services.

<https://autismwales.org/en/community-services/i-work-in-housing/housing-certificated-training-scheme/>

Emergency Services:

The resources in this section are aimed at increasing the knowledge, skills, and understanding of autism for those working in the emergency services. Resources include an Emergency Services training film and advice sheet.

<https://autismwales.org/en/community-services/i-work-in-the-emergency-services/emergency-services-training-film/>

Sport and Leisure:

We have a Leisure Certification Scheme, which provides training to leisure staff on the needs of autistic people and how to create a comfortable environment for autistic people.

<https://autismwales.org/en/community-services/i-work-in-leisure-sport/leisure-certification-training-scheme/>





Case Studies:

Case Study Compendium:

Our best practice Case Study compendium showcases the range of effective work being carried out across Wales by professionals working in autism. Each case study features the voices of autistic people and/or the parent/carers of autistic people, reflecting on how the support and interventions put in place have had a positive impact on their lives.

<https://autismwales.org/en/resources/case-studies/>

Digital Stories:

The Digital Stories series features interviews with people within the autistic community, and asks what they would like parents/carers, professionals, and the general public to know about autism.

<https://autismwales.org/en/resources/videos/digital-stories/>

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