



Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board



## West Wales Integrated Autism Service Information Hubs

The West Wales Integrated Autism Service (WWIAS) are pleased to be able to offer an opportunity for individuals to gain autism related support virtually.

These sessions will be a private support session where you can discuss difficulties and what matters to you confidentially. The hubs can also provide information, advice and resources on matters around autism.

The sessions will be run by staff from the Integrated Autism Service.

Anyone can attend the sessions – you may be autistic, or may be waiting for an assessment. Parents and carers are also welcome to book a slot. You are welcome to have someone support you on the hub if this helps.

They are held via phone call or the virtual 'Attend Anywhere' platform.

The 'Attend Anywhere' platform is approved by Hywel Dda Health Board and is fully compliant with GDPR and Information Governance policies. Guidance will be made available to support you to access the 'Attend Anywhere' platform. You will need to be able to access an electronic device that has internet connection.

At the time of booking we will need your name, email address and phone number so we can contact you in case of any problem with IT access. We will also ask if you could give a brief description of what you would like to discuss.

To find out more about the Integrated Autism Service or to book a 30 minute virtual appointment and talk to us about how autism affects you and your family please contact us.

Email: [westwalesias.hdd@wales.nhs.uk](mailto:westwalesias.hdd@wales.nhs.uk)  
Telephone: 01267 283070

If you have a hub via 'Attend Anywhere' there is no requirement for you to have your camera on.

**The sessions will take place every Wednesday**

**There will be 6 slots available**

**Private Consultations time slots are:  
9:30am, 10:30am, 11:30am, 1:30pm, 2:30pm, 3:30pm**

**Book a slot now and talk to a member of the IAS team confidentially**

Please contact us to check what support is available. We try to avoid cancelling sessions but sometimes this is unavoidable. Please check with the Integrated Autism Service before the session.

## Hyb Gwybodaeth Gwasanaeth Awtistiaeth Integredig Gorllewin Cymru

Mae Gwasanaeth Awtistiaeth Integredig Gorllewin Cymru (WE) yn falch o allu cynnig cyfle i unigolion gael cymorth sy'n gysylltiedig ag awtistiaeth yn rhithwir.

Bydd y sesiynau hyn yn sesiwn cymorth breifat lle gallwch drafod anawsterau a'r hyn sy'n bwysig i chi yn gyfrinachol. Gall yr hyb hefyd ddarparu gwybodaeth, cyngor ac adnoddau ar faterion yn ymwneud ag awtistiaeth.

Bydd y sesiynau'n cael eu cynnal gan staff o'r Gwasanaeth Awtistiaeth Integredig.

Gall unrhyw un fynychu'r sesiynau – efallai eich bod yn awtistig, neu efallai eich bod yn aros am asesiad. Mae croeso hefyd i rieni a gofalywyr archebu slot. Mae croeso i chi gael rhywun i'ch cefnogi ar yr hwb os yw hyn yn helpu.

Mae'r sesiynau'n cael eu cynnal trwy alwad ffôn neu'r plattform rhithwir '*Attend Anywhere*'.

Mae'r plattform '*Attend Anywhere*' wedi'i gymeradwyo gan Fwrdd Iechyd Hywel Dda ac mae'n cydymffurfio'n llawn â pholisïau GDPR a Llywodraethu Gwybodaeth. Bydd canllawiau ar gael i'ch cefnogi i gael mynediad i'r plattform '*Attend Anywhere*'. Bydd angen i chi allu cyrchu dyfais electronig sydd â chysylltiad rhyngrwyd.

Ar adeg archebu slot bydd angen eich enw, cyfeiriad e-bost a rhif ffôn arnom fel y gallwn gysylltu â chi rhag ofn y bydd unrhyw broblem gyda mynediad TG. Byddwn hefyd yn gofyn a allech roi disgrifiad byr o'r hyn yr hoffech ei drafod.

I ddarganfod mwy am y Gwasanaeth Awtistiaeth Integredig neu i drefnu apwyntiad rhithwir 30 munud a siarad â ni am sut mae awtistiaeth yn effeithio arnoch chi a'ch teulu, cysylltwch â ni.

E-bost: [westwalesias.hdd@wales.nhs.uk](mailto:westwalesias.hdd@wales.nhs.uk)

Rhif ffôn: 01267 283070

Os ydych chi'n mynychu hyb trwy '*Attend Anywhere*' does dim gofyniad i chi gael eich camera ymlaen.

**Bydd y sesiynau yn cael eu cynnal bob dydd Mercher**

**Bydd 6 slot ar gael**

**Y slotiau amser ar gyfer Ymgynghoriadau Preifat yw:  
9:30am, 10:30am, 11:30am, 1:30pm, 2:30pm, 3:30pm**

**Archebwch slot nawr a siaradwch ag aelod o dîm Gwasanaeth Awtistiaeth  
Integredig yn gyfrinachol**