

IAS Referral Form Questions

Here are some possible questions in the IAS referral forms and examples of what information they are looking for. Include specific examples of things that have happened in your life to explain what you mean.

What difference do you feel a diagnosis of Autism will make to your life?

Here you should write about what difference you think having an autism diagnosis would make to you in your life. Include examples such as in employment/ college or university, relationships, socially or personally for you and the way you feel about yourself.

Developmental History

You may need to speak to someone in your family to get information for this question. This is a question about how you developed as a child. Include information about if you were late in developing speech, lost any skills that you had developed when you were a child, that people had identified that you had differences in the way that you communicated or interacted or if you have any additional learning needs such as dyslexia or dyscalculia.

Social Interaction

This question is about how you interact with other people. You should write about your relationships with other people such as friends and family and how they are affected by your understanding of their emotions. How you understand and manage your own emotions. You should also write about your experiences of understanding and knowing what is expected of you in different social situations.

Social Communication

Have other people said that it's hard to understand you or it's hard for you to understand other people when they talk to you, such as taking things literally, or that you have unusual or repetitive speech? Have other people mentioned that you have unusual non-verbal communication such as eye contact, facial expression, gesturing or intonation?

Repetitive/ restricted behaviours

This question is about routines, rituals or repetitive behaviours that you may have in your life. Do you have any routines that you have in your life that you need to stick to? Do you find it difficult when things are changed unexpectedly in your life? Do you find it difficult to change from one task to the next or do you find it difficult to process information or situations that are different from what you were expecting? Do you have a hobby or interest that you spend a lot of time on? Are rules important to you? Do you have any self stimulating behaviours such as repeated movements or sounds? Describe and explain any of these behaviours with examples.



Sensory Differences

Have you noticed differences in your senses compared to other people around you? Things like not noticing if you have hurt yourself, noticing sounds, smells, tastes, or visual details that other people don't. Do you have difficulties around eating because of taste or texture? Do you avoid touch from other people or find some clothes uncomfortable to wear? Do you find busy and noisy environments difficult to be around? Do you avoid certain environments because of certain sensory stimuli? Use examples of your experiences.

Have you experienced problems in obtaining or sustaining education or employment? Are you currently employed?

Here you should write about your experience of applying and getting jobs and any difficulties you may have come across or being in education such as college or university. You should also say if you are employed or in college or university.

Have you had difficulties in initiating or sustaining social relationships?

Here you should write about your experience of relationships and friendships throughout your life. Discuss any difficulties which you may have had initially when meeting people and also keeping the relationship or friendship. Include examples and describe what happened.

If you have any difficulty filling in the form you can contact the IAS directly and ask for help to fill it in.

