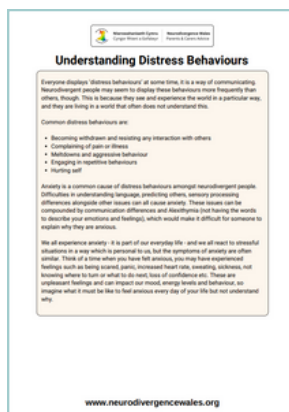


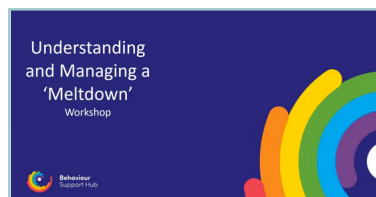
DISTRESS BEHAVIOUR

Discussion points

- Are there any times or places when the sensory environment seems particularly difficult for your child?
- Does your child struggle to communicate their needs?
- Are you able to identify what may lead to an outburst of distress behaviour?
- Do you have any strategies for managing/approaching these behaviours?
- Is your child's distress behaviour targeted at a particular person?
- Does the distress behaviour put the child (or others) in danger?



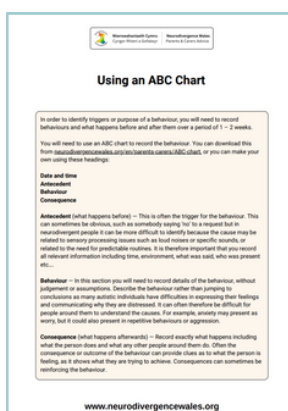
Advice Sheet



Webinar



Top Tips Sheet

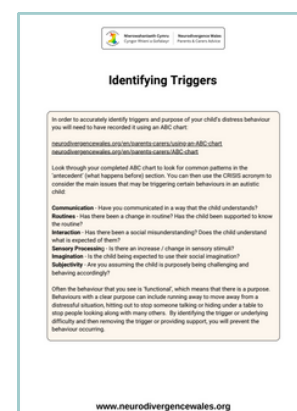


Advice Sheet

Date & Time	Antecedent What happened just before the behaviour? (What was the child's state of mind? What was the environment like?)	Consequence What happened after the behaviour? (What did you do? What did other people do?)	Behaviour What happened? Describe the behaviour in as much detail as possible.

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Behaviour Chart



Advice Sheet